

**SUPERVISION PREPARATION FORM**

**DATE:** \_\_\_\_\_

General Information and Background

(gender, age, marital status, occupation, appearance, general history)

Number of Sessions attended and frequency

Genogram

Presenting issues

Counselling contract

Initial:

For a particular session: (if relevant)

Case conceptualisation and case plan

Hypotheses/Hunches

Summary of Case thus far:

Relevant content:

Interventions made and progress:

Modalities being used:

Therapeutic relationship factors and personal triggers, etc:

Goals/Needs for this Supervision Session