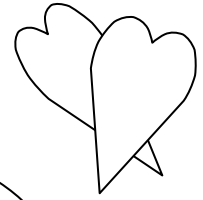


What Children Need When Experiencing Loss



This means listening to
Them and making
Time for them

Children need to
know they will not
be abandoned

They need:

- Their loss and grief acknowledged
- Understand that the loss is real
- Feel the hurt
- Learn to live life without the lost object
- Transform the emotional energy of grief into life again
- Physical contact
- To know they are safe and cared for
- To be able to frequently express thoughts and feelings in their own way
- Regular real reassurance
- A choice to be involved in healing rituals/goodbyes
- Courageous adults who will honestly answer their questions
- People around them who see, hear and really care
- Opportunities to remember or honour the loss
- Routines

Love
Acceptance
Truth
Consistency

